THE ATTITUDES OF UNIVERSITY STUDENTS WHO RECEIVED ONLINE EDUCATION **DURING THE PANDEMIC TOWARDS COVID-19 VACCINES**

POSTAWY STUDENTÓW UCZELNI WYŻSZYCH KORZYSTAJĄCYCH Z EDUKACJI ONLINE W OKRESIE PANDEMII WOBEC SZCZEPIONKI PRZECIW COVID-19

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Authors' contribution Wkład autorów: A. Study design/planning zaplanowanie badań B. Data collection/entry zebranie danych C. Data analysis/statistics dane - analiza i statystyki D. Data interpretation interpretacja danych E. Preparation of manuscript przygotowanie artykułu F. Literature analysis/search wyszukiwanie i analiza literatury G. Funds collection zebranie funduszy

Summary Background. The study was conducted to determine the attitudes of university students who received online education during the pandemic towards COVID-19 vaccines.

Material and methods. This descriptive and correlational type study was conducted between April and June 2021. There were approximately 2,500 students studying at a private university in Istanbul during the 2020-2021 academic year, and the sample size was 222. The data collection tools used included the student information form and the Perception and Attitude Scale Related with COVID-19 pandemic. The data were analyzed using number, percentage, mean and Student's t-test, Mann Whitney U-test and one way ANOVA. **Results.** The mean positive attitude score towards COVID-19 vaccines was 3.37, and the

negative attitude score towards COVID-19 vaccines was 3.24. It was concluded that students' attitudes towards the vaccine were undecided.

Conclusions. Factors such as age, gender, residential area, family type, presence of chronic disease or being diagnosed with COVID-19 do not make a significant difference in the attitude of students towards COVID-19 vaccines. Marital status was the only significant factor that made a difference in attitude towards COVID-19 vaccines.

Keywords: online education, COVID-19 vaccine, pandemic, COVID-19, students

Streszczenie Wprowadzenie. Celem badania było określenie postaw studentów uczelni wyższych, którzy w okresie pandemii korzystali z edukacji online, wobec szczepionki przeciw COVID-19.

Materiał i metody. Badanie o charakterze opisowym i korelacyjnym przeprowadzono w okresie od kwietnia do czerwca 2021 roku. Na prywatnym uniwersytecie w Stambule w roku akademickim 2020-2021 studiowało ok. 2,500 studentów. Grupa badana objęła 222 studentów. Jako narzędzie do zbierania danych wykorzystano formularz informacyjny dla studentów oraz Skalę Postrzegania i Postaw związanych z pandemią COVID-19. Uzyskane dane analizowano za pomocą liczby, odsetka, średniej oraz testu t-studenta, testu U Manna Whitneya, a także jednoczynnikowej analizy wariancji.

Wyniki. Na podstawie średniej oceny studentów ustalono, że poziom pozytywnej postawy wobec szczepionki przeciw COVID-19 wynosi 3,37, a poziom negatywnej postawy wobec szczepionki przeciw COVID-19 wynosi 3,24. Stwierdzono, że postawa studentów wobec

wnioski. Stwierdzono, że czynniki takie jak wiek, płeć, miejsce zamieszkania, typ rodziny, choroby przewlekłe lub zdiagnozowany COVID-19 nie mają istotnego wpływu na postawę wobec szczepionki. Tylko stan cywilny miał istotny wpływ na postawę wobec szczepionki przeciw COVID-19.

Słowa kluczowe: edukacja online, szczepionka przeciw COVID-19, pandemia, COVID-19, studenci

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Introduction

COVID-19 has become a global problem that started in Wuhan, China in 2019. This epidemic has caused many changes to the global way of life. COVID-19, which started in a small area, has reached a global status in a short time [1]. The World Health Organization (WHO) defined COVID-19 as a pandemic on March 11, 2020. With the announcement of the pandemic, WHO warned that interpersonal interaction should be limited and individuals should pay more attention to hygiene [2]. In order to prevent the wide spread of COVID-19, the most important measures taken at the national and international level have been the isolation of people and implementation of curfews

Transportation, economy, food, entertainment, sports, shopping and health sectors are included in the measures taken. Like many other sectors, the education sector has also been affected. The first measure taken for the education sector was to switch to the online process. With numerous studies carried out, more information has been obtained about the transmission routes of COVID-19, its effects and consequences. Based on the data obtained, returning to the old model of education was not an option so studies looking at distance education during COVID-19 increased. With the first COVID-19 case in Turkey in March 2020, universities switched to online education and continue to utilize this model [3].

While prevention measures continue globally, research looking at immunization has become a priority. Community immunity is a way of immunizing against a contagious disease either through vaccination or through previous infection. Vaccines play an important role in the prevention and immunization of infectious diseases. Vaccines both control the epidemics of infectious diseases and can prevent the emergence of diseases [3].

Vaccination not only protects individuals against infection but also can prevent the spread of the epidemic. Therefore, if a sufficient number of the population is vaccinated, community immunity increases [4]. For the formation of herd immunity, the WHO supports immunization with vaccination, not the formation of antibodies by allowing the spread of the disease. If the spread of the disease and the immunization method were supported, there would be unavoidable cases and deaths. Although the required herd immunity differs according to each disease, this rate is not yet known for COVID-19. Although it was estimated to be around 60-70% at the beginning of the epidemic, it has been reported that higher herd immunity may be needed in recent studies [5].

To achieve herd immunity against COVID-19, a proportion of the population must be vaccinated which varies depending on priority groups, vaccination, population and other factors [6]. With the use of vaccines, there is a mix of positive attitudes along with concerns about the vaccine. Inaccurate and incomplete information about vaccines and different beliefs can cause vaccine hesitancy. Vaccine hesitancy refers to "delayed or refused acceptance of vaccines despite the availability of vaccine services" [7]. The WHO also sees vaccine hesitancy among the ten global health threats. It can be formed around the legal, medical and ethical issues related to vaccines [8]. Apart from the reasons for vaccine hesitation, the debates relating to personal rights are also seen as an obstacle to immunization. The opinions that community immunity is more effective with an understanding of the transmission, that vaccine manufacturers have financial concerns, and that immunity can be obtained by consuming natural foods and herbs may cause hesitations about the vaccine [7]. It is evident that vaccine hesitancy is due to lack of knowledge and false beliefs. In order to halt this from impacting community immunity, healthcare professionals should be supported with accurate and reliable information about vaccines [9].

Considering vaccine hesitancy does not encompass the whole of society and instead is limited to certain groups, it is important to understand which groups are hesitant about vaccination, the events that increase the hesitation, the reason for their concerns, and the geographical location, political environment or socio-cultural characteristics of the individuals who are hesitant [10]. Based on this research, this study aimed to determine the attitudes of university students who received online education during the pandemic period towards the COVID-19 vaccine.

Material and methods

Type of research

This is a descriptive study using qualitative data to capture the attitudes of university students towards COVID-19 vaccination.

Population and sample of the research

The study population consisted of first and second year students studying at the Vocational School of Health Services, Istanbul Esenyurt University, Turkey. Students were invited via the snowball method. The research

was completed between 15 May and 15 June 2021 with 222 students who agreed to participate in the study by an online survey method.

Data collection tools

Descriptive information form was a questionnaire created by the researchers and includes demographic information such as age, gender, marital status, family type, working status during the pandemic period, use of public transport, and status of COVID-19.

Scale of Attitudes Towards COVID-19 Vaccines

The Attitudes Towards COVID-19 Vaccine Scale has nine items and two sub-dimensions (positive and negative attitudes). The statements in the scale are evaluated as "strongly disagree (1)", "disagree (2)", "undecided (3)", "agree (4)", and "strongly agree (5)". Items in the negative attitude sub-dimensions are scored negatively. A value between 1-5 is obtained by dividing the total score obtained by summing the item scores in the scale sub-dimension by the number of items in that sub-dimension. High scores obtained from the positive attitude sub-dimension indicate that the attitude towards the vaccine is positive. This is calculated after the items in the negative attitude sub-dimension are reversed, and the high scores in this sub-dimension indicate that the negative attitude towards the vaccine is less. Reverse items of the scale were coded as shown $1\rightarrow 5$; $2\rightarrow 4$; $3\rightarrow 3$; $4\rightarrow 2$; $5\rightarrow 1$.

Analysis of data

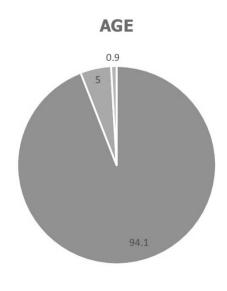
The data obtained from the research were analyzed using the Statistical Package for the Social Version 22.0 (SPSS) package program. The suitability of the data to the normal distribution was tested, the Independent Sample t-test was used in the analysis of continuous variables with normal distribution, and the Mann Whitney U-test was used in the analysis of continuous variables that did not show normal distribution. A chi-square test was used in the analysis of categorical variables. Results were expressed as mean, ±standard deviation, n, and percent.

Ethical aspect of research

Permission to perform the research was obtained from the Istanbul Esenyurt University Ethics Committee at the meeting numbered 2021/05-12 dated 15^{th} April 2021. The research was conducted in accordance with the Principles of the Declaration of Helsinki.

Results

Of the participants, 59.5% were female and 40.5% male. When the distribution by age groups was examined, the proportion of people aged 18-25 was 94.1%, 26-34 was 5%, and people aged 35 and over was 0.9% (Figure 1). When the distribution according to the education year was examined, there were 77% of first-year students and 23% of second-year students. The proportion of those living in the metropolitan city was 53.6%, those living in the province was 19.8%, those living in the district was 20.7%, and those living in the village was 5.9%. The proportion of those married was 4.1% and those who were single was 95.9%. When the distribution by family type was examined, the proportion of those living alone was 7.2%, those with a nuclear family was 78.4%, and those with an extended family was 14.4% (Table 1).



■ 18-25 ■ 26-34 ■ 35 And Over

Figure 1. Age distribution of the participants

Table 1. Demographic characteristics of the participants

Demographic features	Options	n	%	
Gender	Female	132	59.5	
Gender	Male	90	40.5	
	18-25	209	94.1	
Age	26-34	11	5.0	
	35 and over	2	0.9	
Chuduunaan	1 st year	171	77.0	
Study year	2 nd year	51	23.0	
	Metropolitan	119	53.6	
Diago of world and	Province	44	19.8	
Place of residence	District	46	20.7	
	Rural	13	5.9	
Marital status	Married	9	4.1	
Maritai status	Single	213	95.9	
	Single	16	7.2	
Family type	Nuclear Family	174	78.4	
	Extended Family	32	14.4	

The distribution according to the type of work shows the proportion of participants that work from home online was 49.1%, those who work face-to-face was 19.8%, and those who work with both was 31.1%. Of the participants, 64% use public transportation, 7.7% have chronic diseases, and 56.3% with chronic diseases have asthma. Among the participants, the proportion of those who have had a coronavirus test was 39.2%, and the proportion of those who were diagnosed with COVID-19 was 30.1%. The proportion of those who had relatives with COVID-19 was 65.8% (Table 2).

Table 2. Descriptive characteristics of the participants

Descriptive features	Options	n	%
	Online, from home	109	49.1
Method of working	Face to face-active	44	19.8
	Mixed	69	31.1
Dublic transport usage status	Yes	142	64.0
Public transport usage status	No	80	36.0
Chronic illness	Yes	17	7.7
Chronic lliness	No	205	92.3
Existing chronic conditions	Asthma	9	56.3
Existing chronic conditions	Other	7	43.8
Coronavirus test status	Yes	87	39.2
Coronavirus test status	No	135	60.8
Status of being diagnosed with	Yes	41	30.1
COVID-19	No	95	69.9
COVID-19 detection status in	Yes	146	65.8
relatives	No	76	34.2

The average scores of the attitudes towards the COVID-19 vaccine, according to demographic information, and the difference between these were examined using t-tests and one-way analysis of variance in independent groups (Table 3). According to the results, the level of negative attitude differs significantly according to marital status (p<0.05) while positive and negative attitudes do not differ in relation to the demographic factors. The average of those who were married was significantly higher than those who were single and the negative attitude level of those who were single was significantly higher than the married ones.

Table 3. Change of attitude scale towards COVID-19 vaccine according to demographic information

		Positive			Negative				
		n	Mean	Std.	р	n	Mean	Std.	р
Gender	Female	132	3.27	1.02	0.057	132	3.17	0.71	0.109
	Male	90	3.53	1.01		90	3.33	0.78	
	18-25	209	3.37	1.01		209	3.22	0.73	0.375
Age	26-34	11	3.52	1.37	0.778	11	3.53	0.95	
	35 and over	2	3.00	0.00		2	3.00	0.28	
Chuduusaan	1 st year	171	3.40	0.98	0.440	171	3.25	0.73	0.649
Study year	2 nd year	51	3.27	1.16	0.448	51	3.18	0.77	
	Metropolitan	119	3.44	1.12		119	3.29	0.79	0.649
Place of	Province	44	3.16	0.88	0.440	44	3.13	0.70	
residence	District	46	3.42	0.86	0.448	46	3.23	0.64	
	Rural	13	3.29	1.05		13	3.15	0.75	
37 1. 3	Married	9	3.25	1.61	0.714	9	4.02	0.88	0.001*
Marital status	Single	213	3.38	1.00		213	3.20	0.72	
Family type	Single	16	3.30	1.08	0.708	16	3.05	0.76	- 0.528
	Nuclear family	174	3.40	1.03		174	3.26	0.72	
ramny type	Extended family	32	3.25	0.98	0.700	32	3.20	0.83	
Method of working	Online, from home	109	3.37	1.00		109	3.30	0.70	0.375
	Face to face- active	44	3.23	1.12	0.479	44	3.12	0.89	
	Mixed	69	3.47	0.99		69	3.21	0.69	
Public transport usage status	Yes	142	3.40	1.05		142	3.28	0.76	0.294
	No	80	3.33	0.98	0.651	80	3.17	0.71	
Chronicillnoss	Yes	17	3.32	0.96	0.027	17	3.18	0.55	0.726
Chronic illness	No	205	3.38	1.03	0.837	205	3.24	0.75	

Existing chronic conditions	Asthma	9	3.17	1.15		9	3.09	0.72	0.446
	Other	7	3.43	0.73	0.609	7	3.31	0.25	
Coronavirus	Yes	87	3.41	1.01	0.632	87	3.23	0.74	0.909
test status	No	135	3.35	1.03	0.632	135	3.24	0.74	0.909
Status of being diagnosed with COVID-19	Yes	41	3.39	1.07	0.82	41	3.24	0.81	0.990
	No	95	3.43	1.01		95	3.24	0.75	
COVID-19	Yes	146	3.30	1.04		146	3.24	0.73	
detection status in relatives	No	76	3.51	0.98	0.150	76	3.24	0.76	0.990

The mean and standard deviation values of the scale sub-dimensions are provided in Table 4. For the sub-dimensions ranging from 1-5, the average for the positive attitude sub-dimension was 3.37 and the average for the negative attitude was 3.24.

Table 4. Descriptive statistics of the scale sub-dimensions

	n	Min.	Max.	Mean	Std.
Positive	222	1.0	5.0	3.37	1.02
Negative	222	1.0	5.0	3.24	0.74

Of the participants, 7.7% gave the answer "I strongly disagree" with the statement "I would like to have this vaccine in my family" and the proportion of those who gave the answer "I disagree" was 6.3%, whilst 35.5% were "I am undecided". The proportion of those who gave the answer "I agree" with the same question was 29.7%, while the proportion of those who answered "I strongly agree" was 20.7%. The proportion of the participants who answered "I strongly disagree" with the statement "I would like to be vaccinated at the first opportunity" was 9%, while 6.8% answered "I disagree" was 6.8%, and those that stated "I am undecided" had the highest proportion. The proportion of those who answered "I agree" to the same question was 27.9%, and those who answered "I strongly agree" was 18%.

The proportion of participants who gave the answer "I strongly disagree" with the statement "I think everyone should get the vaccine" was 5.9%, those who gave the answer "I disagree" was 11.3%, and those who answered "I am undecided" was the highest at 34.7%. The proportion of those who gave the answer "I agree" with the same statement was 28.4%, and those who gave the answer "I agree" was 19.8%.

The proportion of participants who answered "I strongly disagree" with the statement "I trust the explanations about the vaccine" was 9.9%, those who gave the answer "I disagree" was 11.3%, and those who answered "I am undecided" was 43.2%. While the proportion of those who gave the answer "I agree" to the same statement was 24.8% and those who gave the answer "I strongly agree" was 10.8%. The proportion of participants who answered "I strongly disagree" with the statement "The vaccine may cause the disease to be transmitted" was 8.6%, those who answered "I disagree" 30.6%, and those who answered "I am undecided" was the highest at 46.8%. The proportion of those who answered "I agree" with the same statement was 10.8%, while those who answered "I strongly agree" was 3.2%. The proportion of those who answered "I strongly disagree" with the statement "I do not think that the vaccine has a protective effect" was 9.9%, those who answered "I disagree" was 29.7%, and those who answered "I am undecided" was 42.3%. The proportion of those who answered "I agree" was 13.1% and those answered "I agree" was 5%.

In this study, the proportion of those who answered "I strongly disagree" with the statement "the vaccine is dangerous" was 13.1%, the proportion of those who answered "I disagree" was 33.8%, and those who answered "I am undecided" was 45%. The proportion of those who answered "I agree" was 5.9%, while those who answered "I strongly agree" was 2.3%. The proportion of those who answered "I strongly disagree" with the statement "I think the effectiveness of the vaccine has not been sufficiently tested" was 8.6%, those who answered "I disagree" was 25.2%, and those who gave the answer "I am undecided" was 39.6%. The proportion of those who answered "I agree" was 18.5%, while those who answered "I strongly agree" was 8.1%. The proportion of those who answered "I strongly disagree" with the statement "I think I can overcome the epidemic without vaccination" was 14.4%, those who answered "I disagree" was 19.4%, and those who answered "I am undecided" was 32.4%. The proportion of those who gave the answer of "I agree" was 23.4%, while those who gave the answer "I agree" was 10.4% (Table 5).

Attitude scale questions for I strongly I absolutely I do not agree I'm undecided I agree the COVID-19 vaccine disagree agree I would like my family to 7.7 29.7 6.3 35.6 20.7 have this vaccine I would like to be vaccinated 9 38.3 27.9 18 6.8 as soon as possible I think everyone should get 5.9 34.7 19.8 11.3 28.4 vaccinated I trust the explanations 9.9 10.8 11.3 43.2 24.8 about the vaccine Vaccination can cause 8.6 30.6 46.8 10.8 3.2 disease transmission I think the vaccine has no 9.9 29.7 42.3 13.1 5 protective effect Vaccination is dangerous 13.1 33.8 45 5.9 2.3 I think the efficacy of 39.6 8.1 the vaccine has not been 8.6 25.2 18.5 sufficiently tested

Table 5. Percentage distribution of attitude scale towards COVID-19 vaccine

14.4

Discussion

I think I can survive the

epidemic without a vaccine

The WHO supports vaccination for the formation of herd immunity. To achieve herd immunity against COVID-19, a proportion of the population must be vaccinated [6]. The WHO also rate vaccine hesitancy among the ten global health threats [7]. Inaccurate and incomplete information about vaccines and different beliefs create hesitancy or opposition to vaccines [8].

19.4

32.4

23.4

10.4

The number of studies similar to this study was limited in the literature. However in this study, the highest average of university students' answers to vaccine-related scale items was "undecided".

In the study by Akarsu et al. (2020), of the 759 participants, the most common reasons for those that would not be vaccinated were "fear of the side effects of the vaccine", "not thinking that a new vaccine would be reliable" and "COVID-19 infection is a biological weapon and the vaccine serves those who produce this virus". It was concluded that "I do not think that it will happen" [11].

There has been general hesitation against vaccines produced throughout human history. The hesitation against the COVID-19 vaccine and other vaccines shows parallelism. However, in some countries, this is not the case, and it has been determined that the hesitation against the COVID-19 vaccine was higher. Among these countries, Turkey had the highest vaccination hesitation at 44%. Since people do not agree on vaccination yet, social immunity cannot be provided [12].

According to the results of the "Turkey Report" conducted in 12 provinces across Turkey in April 2021; 20% of the participants were vaccinated, 53% were considering getting vaccinated, and 25% were not getting the COVID-19 vaccine [13]. In the report presented in January, the rate of those who did not plan to be vaccinated was 36% which was a slight decrease. Participants who do not plan to be vaccinated stated that they hesitated because of the thought of not trusting the current vaccines and not believing in the efficacy of the vaccines.

In another study conducted in April 2021, 61% of those who had not been vaccinated reported they would be vaccinated. This rate has increased compared to previous data, however, there is still a group of 14% who refuse to be vaccinated. Of the participants, 14% stated that they were exposed to anti-vaccine news rather than news supporting the vaccine [14].

In a study conducted in the USA, 45% of the participants had concerns about the content of vaccines, 50% thought of getting the vaccine at the first opportunity, 40% preferred to wait for a while, and 10% did not think of ever getting vaccinated [15]. They reported that those who were considering vaccinations perceived COVID-19 as more important than other diseases and that vaccination was needed to end epidemic. In addition the participants stated that they trusted the health authorities.

A study from the United Kingdom (n>30,000) reported that 16% of the participants had a high level of distrust of the COVID-19 vaccine [16]. When the demographic characteristics of those who were insecure were examined, they had low education levels and low income levels. It was determined that the participants in this group had insufficient knowledge about COVID-19 and were less compliant with isolation-hygiene measures.

The current pandemic brings with it some challenges. The public's trust in the vaccine produced/to be produced can be considered the main reason for the opposition. Especially if the data and evidence about the vaccine are insufficient and the vaccine is new, the level of hesitation increases accordingly. On the other hand, the thoughts of pharmaceutical companies gaining profit from sales and misinformation by anti-vaccine groups may be the reason why society, where the side effects of vaccines are uncertain and natural immunity is preferred, may be prejudiced against the vaccine produced/to be produced. The position of university students, which has a significant number throughout Turkey, is very important in reaching the sufficient level of herd immunity. Therefore, it is thought that the concerns of students who have been studying online for more than a year about vaccination should be determined and resolved.

Conclusions

The COVID-19 pandemic continues to affect people all over the world. As a result of the study, it was found that university students who received online education during the pandemic process had positive attitudes towards the COVID-19 vaccine. Factors such as age, gender, residential area, family type, presence of chronic disease or being diagnosed with COVID-19 do not make a significant difference in the attitude towards the COVID-19 vaccine. It was concluded that only marital status made a significant difference in attitude towards the COVID-19 vaccine. It has been concluded that since vaccination, which is the most effective method in the fight against the COVID-19 pandemic, is important in terms of applicability, it is also important to raise awareness for university students who receive online education and to switch to face-to-face training.

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