

'Chasing the dragon' in the intensive care unit

Bjoern Zante¹, Eva Margarete Hammel¹, Arno Lauber², Joerg C. Schefold¹

¹Department of Intensive Care Medicine, Inselspital, Bern University Hospital, University of Bern, Bern, Switzerland

²Department of Neuroradiology, Inselspital, Bern University Hospital, University of Bern, Switzerland

Sir,

A 35-year-old drug abuser was admitted to the ICU in an unclear coma with unremarkable routine exams (except for positive opioid screens). Cerebral magnetic resonance imaging (cMRI) revealed marked symmetric supra- and infra-tentorial parenchymal lesions (Fig. 1 and 2) pathognomonic for heroin-associated spongiform leucoencephalopathy (HASL). HASL is rarely observed after inhalation of (contaminated) heroin leading to toxic subacute multi-vacuolar oligodendrocyte degeneration. Previously referred to as "chasing-the-dragon-syndrome", liquefied heroin appears like a "dragon" moving on heated aluminium foil with vapour rising up like a tail. This vapour is "chased" and inhaled via a pipe and is known as the most effective non-intravenous heroin ingestion method, originating from Hong Kong in the 1950s. In unclear coma after drug abuse, ICU physicians should consider that a dragon has been "caught".

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Adres do korespondencji:

Bjoern Zante, M.D.
Department of Intensive Care Medicine
Bern University Hospital
Freiburgstrasse 10, 3010 Bern, Switzerland
e-mail: bjoern.zante@insel.ch

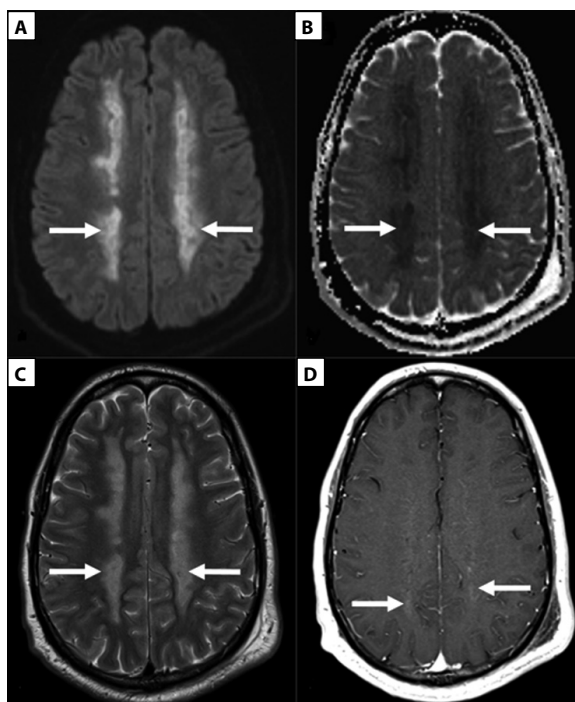


Figure 1. Axial cMRI with symmetrical white matter lesions: (A) diffusion-weighted imaging, (B) apparent diffusion coefficients map, (C) T2-weighted, (d) post-gadolinium T1-weighted images with faint enhancement in parietal lobes

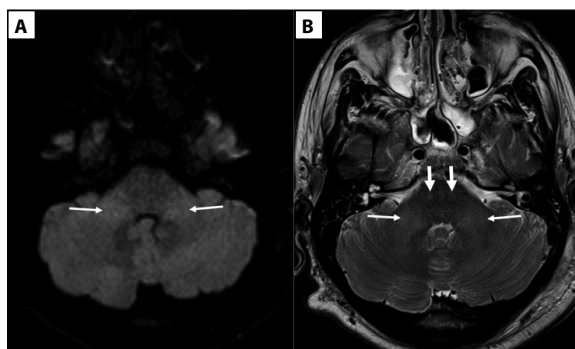


Figure 2. Axial cerebellar cMRI with diffuse peduncular lesions in (A) diffusion-weighted image, (B) T2-weighted image with symmetrical hyperintense signals in *corticospinal tracts* (thick arrows) and cerebellar peduncles (thin arrows)

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